EMS Community Service Hours Tracking Sheet

This form can be used to keep track of your volunteer hours if you are planning to submit your hours to earn a Presidential Service Award. Meals/snack breaks, sleep/rest breaks do not count toward volunteer hours. Volunteer time cannot exceed 9 hours per activity per day. NO PARENT SIGNATURES.

You do not need to fill out a separate form if you are already tracking hours for another group (SOAR, Leadership). This copy will NOT be returned to you. Make a copy of your other form ***before*** turning it in so you have it to include when submitting hours for the award.
Please include a copy of the application cover sheet with this tracking sheet. STUDENT NAME:_____

Date	Activity & Description (How did you serve others? 1-2 sentances on how your service was important and provided help.)	Hours	Supervisor printed name & signature

TOTAL HOURS FROM THIS SIDE OF FORM: _____